

# "Get in the Word"

Lesson 57 of 94

Revised: September 17, 2018

## Prayer and Worship- The Practice of Prayer

## Lesson #2

### The Practice of Prayer

1. In Luke 18:1, the disciples were taught that they should always pray, and what else?
2. What is God's will for believers in Christ Jesus (1 Thessalonians 5:16-18)?
3. When should believers pray (Ephesians 6:18)?
4. What can prayer do (James 5:16)?
5. What instruction are we given about prayer (Matthew 7:7)?

### Four Important Areas of Prayer- the "ACTS" Model

Adoration	Reflect on God Himself. Praise Him for His attributes, His majesty, His gift of Christ.
Confession	Admit to God you have sinned. Be honest and humble. Remember, He knows you and loves you.
Thanksgiving	Tell God how grateful you are for everything He has given you, even the unpleasant things. Your thankfulness will help you see His purposes.
Supplication	Make specific requests. Pray for other first, then for yourself.
Notice the first letters of these four words form the word "ACTS." Use them as a mental guide to maintain balance as you pray.	

### The Bible is God's Handbook on Prayer

In the Bible you will discover many guidelines to help you develop the practice of prayer.

1. What did Jesus teach His disciples to expect if they persisted in prayer (Luke 11:5-10)?
2. What does Jesus teach as a requirement for answered prayer (John 15:7)?
3. According to 1 John 5:14, what is our confidence as we pray?

### Jesus' Pattern for Prayer: Matthew 6:9-13

Pray to God	Our Father Who art in heaven
Praise and exalt Him saying	Hallowed by thy name
Submit to Him praying	Thy kingdom come, Thy will be done
Look to Him seeking	Our daily bread (food & provision)
Confess to Him pleading	Forgive us our debts (sins)
Depend on Him asking	Lead us not into temptation
Trust in Him requesting	Deliver us from evil

I played a lot of video games in my day. Some of my favorites were Mario Cart, Diddy Kong Racing, Zelda...can you relate? Every time a new system came out, I would be so excited to get my very own; then came the Wii and a whole new method of playing was introduced. It took me quite awhile to get used to the controllers. It was almost like starting over! I was terrible!

Practice makes perfect, and that goes for relationships too. When life changes up on you don't give up. Stay in the game. Continue to worship and trust God.



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